

**DAVID J. CHAO, MD**  
5471 Kearny Villa Road, Suite 200  
San Diego, CA 92123  
(858) 571-0606

***CURRICULUM VITAE***

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**PRACTICE**

OASIS MSO, Inc.  
5471 Kearny Villa Road, Suite 200  
San Diego, California 92123  
1995 to Present

Orthopaedic Surgeon, Board-Certified  
Subspecialty Certified in Orthopaedic Sports Medicine

University of California, San Diego  
1995 to Present

Clinical Instructor

OASIS Sports Medicine Fellowship  
2001 to Present

Fellowship Director

**EDUCATION**

**FELLOWSHIP**

Minneapolis Sports Medicine Center, Minneapolis, MN  
Sports Medicine Fellowship - Shoulder and Knee  
David Fischer, et. al.

1995

**RESIDENCY**

Northwestern Memorial Hospital, Chicago, IL  
Orthopedic Surgery Residency

1994

**MEDICAL EDUCATION**

Northwestern University School of Medicine, Chicago, IL  
Honors Program in Medical Education  
Doctor of Medicine

1989

**UNDERGRADUATE**

Harvard University, Cambridge, MA  
Major - Psychobiology

1985

**TEAM PHYSICIAN / AFFILIATIONS**

**Head Team Physician**

San Diego Chargers Football Team

**AFC Head Team Physician**

2010 Pro Bowl Medical Staff  
The NFL All-Star Game, South Florida  
January 31, 2010

**AFC Head Team Physician**

2008 Pro Bowl Medical Staff  
The NFL All-Star Game, Honolulu, Hawaii  
February 10, 2008

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**Medical Director**

International Rugby Board Sevens Tour, 16 Nation  
Petco Park, San Diego, CA  
February 2007

**Chief Medical Officer**

ESPN Summer/Winter X Games

**Team Physician**

USA Rugby Team

**Staff Physician**

Worldwide Wrestling Entertainment

**MEMBERSHIPS**

- NFL Physicians Society
- American Orthopaedic Society for Sports Medicine
- American Academy of Orthopaedic Surgeons
- San Diego County Medical Society
- ACL Study Group
- International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine (ISAKOS)
- Western Orthopaedic Association, San Diego Chapter

**PROFESSIONAL AFFILIATIONS**

- San Diego Sports Medicine Foundation, Founder/President
- Junior Seau Foundation, Board of Directors
- San Diego Sports Commission, Trustee
- Roadway Express, Western Division Medical Consultant
- Patent Holder/Production Design–Arthrex Shoulder Tissue Tak I & II
- Wells Fargo Community Board (Past)

**ORTHOPAEDIC RESEARCH**

**OASIS MSO, Inc., San Diego, CA**

08/95- Present

- Sagittal angle comparison in anterior cruciate ligament reconstruction.
- Endoscopic anterior cruciate ligament reconstruction utilizing medial portal.
- Anatomic anterior cruciate ligament tunnel placement.
- Six-strand hamstring anterior cruciate ligament reconstruction.
- Pain Care use in shoulder surgery.
- Healing in meniscus repair with MRI monitoring.
- Arthroscopic shoulder stabilization.
- Bio-Absorbable Screw resorption in ACL surgery.
- Acute reduction in hip dislocation.

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- Minneapolis Sports Medicine Center** 07/94-07/95  
David Fischer, MD; Daniel Buss, MD; Hollis Fritts, MD, et al.
- Anatomic findings of elbow dislocations.
  - Natural history of rotator cuff tears.
  - MRI findings in frozen shoulder.
  - Recovery from syndesmotic ankle sprains.
- Northwestern University School of Medicine** 09/92-07/95  
Department of Orthopaedics, Gordon Nuber, MD
- Histologic study to delineate neuroanatomy of the shoulder capsule and ligaments.
  - Establishing neurosensory function of the shoulder capsule and ligaments with somatosensory evoked potentials.
- Children's Hospital, Chicago, IL** 03/92-07/94  
Department of Orthopaedics, Mihran Tachdjian, MD and James Conway, MD
- Aspiration of hip joint in acute SCFE to improve vascular flow to the femoral head.
- Northwestern University** 09/87-07/94  
Midwest Regional Spinal Cord Unit, Department of Orthopaedics  
Giri T. Gireesan, MD and Paul R. Meyer, MD
- Investigations in the use of Cotrel-Dubousset Instrumentation in degenerative disorders and fractures of thoracic and lumbar spine. Clinical and radiographic determination of various methods of pedicular screw fixation. Long-term follow-up of short segment fixation.
- USC School of Medicine, Department of Orthopaedics, Los Angeles, CA** 06/88-08/88  
Santi Rao, MD; Tillman M. Moore, MD; and Augusto Sarmiento, MD
- Biomechanical comparison of cortical and tricorticate-cancellous autograft vs. demineralized allograft.
  - Characterization of axial load properties of perforated demineralized bone matrix, a new osteoinductive bone graft.
  - Investigation of operative approaches to the high thoracic (T1-T4) spine. Literature review, anatomic study, and representative case reports to formulate a systematic surgical method.
- Cook County Hospital, Department of Orthopaedics, Chicago IL** 04/86-01/87  
Joel Weddington, MD; Jerry Dzwinyk, MD, and Robert Hall, MD
- Randomized clinical trial of closed versus open reduction of Lisfranc fracture, with analysis of clinical follow-up.
- Beth Israel Hospital** 06/84-09/84  
Harvard University and Massachusetts Institute of Technology  
Orthopaedics and Biomechanics Laboratory  
Wilson C. Hayes, MD
- Developed technique for determination of cadaveric femoral-tibial condylar pressures. Comparison of medial vs. lateral pressure in varus, neutral and valgus and the effects of valgus tibial osteotomy.

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**PRESENTATIONS/LECTURES**

- 8th BIENNIAL ISAKOS Congress 2011 2011  
Symposia: Extreme Sports  
Chair: Francois Kelberine, MD  
Faculty: David Chao, MD, Omer Mei-Dan, MD, Maksym Golovakha, MD, Christian Fink MD  
Rio Rio de Janeiro, Brazil  
May 15, 2011
- 2011 USA Rugby Sports Medicine Symposium 2011  
Current Concepts in Shoulder Instability – Roundtable Discussion  
Alejandro Garibay, PT, ATC – Moderator  
David Chao, MD, David Schneider, MD, Tom Mick, MD, Steve Levin, MD  
Las Vegas, Nevada  
February 11, 2011
- The 54th Annual Edward T. Smith Orthopaedic Lectureship 2010  
Future Trends in the Treatment and Surgical Techniques for the Athlete  
Decision Making and Surgical Technique in PCL and PLC Injuries in the Athlete  
David J. Chao, MD  
Houston, Texas  
October 21, 2010
- 2010 USA Rugby Sports Medicine Symposium 2010  
MEDICAL CARE IN RUBGY 7's  
David J. Chao, MD  
Las Vegas, Nevada  
February 12, 2010
- NFL Physicians Society (NFLPS) 2009  
The American Orthopaedic Society for Sports Medicine (AOSSM)  
Sports Medicine & the NFL: A Sideline Perspective Course  
Knee Injuries – PCL: Combined Posterolateral  
David J. Chao, MD  
San Francisco, CA  
May 8, 2009
- NFL Physicians Society (NFLPS) 2009  
The American Orthopaedic Society for Sports Medicine (AOSSM)  
Sports Medicine & the NFL: A Sideline Perspective Course  
Groin Pain  
David J. Chao, MD  
San Francisco, CA  
May 9, 2009
- American Orthopaedic Society for Sports Medicine 2008  
IC-207 Action Sports Medicine Update  
David J. Chao, MD; Paul R. Reiman, MD; Steven J. Augustine, DO  
Orlando, FL  
July 10 – 11, 2008

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BREG Educational Symposium Served as Expert Panel Member, Session 3 Regarding 23-year-old professional football player with an acute PCL tear Moderated by John Bergfeld Ponte Vedra Beach, FL July 6 – 9, 2008	2008
Diagnosis and Treatment of Hip Pathology Lecture at Point Loma Nazarene University to Athletic Trainer, Pre-Physical Therapist, Physician Assistant students and Kinesiology Faculty San Diego, CA April 2008	2008
Management of Serious Ankle Injuries Sports Medicine Group UCSD Family and Sports Medicine San Diego, CA March 2008	2008
 <b><u>MEETINGS</u></b>	
American Orthopaedic Society for Sports Medicine Annual Meeting San Diego, CA July 7-10, 2011	2011
8th BIENNIAL ISAKOS Congress 2011 Rio Rio de Janeiro, Brazil May 15, 2011	2011
American Academy of Orthopaedic Surgeons 2011 Annual Meeting (AAOS) San Diego, CA February 15-19, 2011	2011
American Orthopaedic Society for Sports Medicine (AOSSM) AOSSM 2011 – Specialty Day San Diego, CA February 19 <sup>th</sup> , 2011	2011
NFL Physicians Society Scientific Meeting Indianapolis, IN February 24-26 <sup>th</sup> , 2011	2011
The 54th Annual Edward T. Smith Orthopaedic Lectureship Future Trends in the Treatment and Surgical Techniques for the Athlete Houston, Texas	2010

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NFL Physicians Society Scientific Meeting Indianapolis, IN	2010
NFL Physicians Society (NFLPS) & The American Orthopaedic Society for Sports Medicine (AOSSM) Sports Medicine & the NFL: A Sideline Perspective Course	2009
NFL Physicians Society Scientific Meeting Indianapolis, IN	2009
American Orthopaedic Society for Sports Medicine AOSSM 2008 – Annual Meeting Orlando, FL July 10 – 13, 2008	2008
American Orthopaedic Society for Sports Medicine (AOSSM) AOSSM 2008 – Specialty Day San Francisco, CA March 8, 2008	2008
ACL Study Group Engelberg, Switzerland	2008
NFL Physicians Society Scientific Meeting Indianapolis, IN	2008

**PUBLICATIONS**

**Chao DJ**, Reiman PR, Augustine SJ. “The Action Sports Athlete,” Sports Medicine Update, Newsletter of the American Orthopaedic Society for Sports Medicine July/August 2007.

**Chao DJ**, Cawley P, Young S. “Pain Care Use In Shoulder Surgery,” Accepted, American Journal of Orthopedics, 2005.

Collins J, Trulock S, **Chao DJ**. “Field Mgmt. and Rehabilitation of an Acute Posterior Hip Dislocation in a Professional Football Player,” Pro Football Athletic Trainer, Vol. 19, No. 1., Summer 2000.